

R460.00 per term
R170.00 enrolment

ENROLMENT FORM YES!

I would like my child to be part of **PLAYBALL**

Name of Child:

School:

Age:

Name of Parent:

Tel (H):

eMail:

Cell:

T-Shirt size:



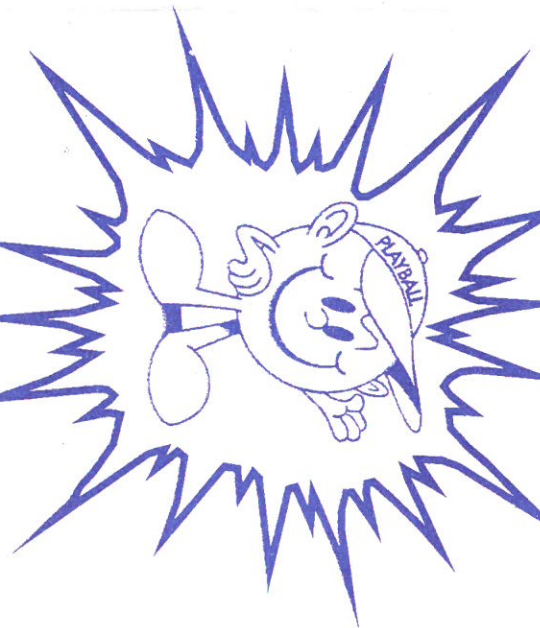
Phone for Fee Structure per Term & Free Lesson



For more information please contact:

KIM TREGGAR

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Cell: 083 630 5110



SPORT

and

MOVEMENT DEVELOPMENT SPECIALISTS

since

1982

www.usaplayball.com

PLAYBALL:

THE SPORT PROGRAMME WITH A DIFFERENCE!

PLAYBALL: the first programme to offer varied, formalized, age specific sport and movement development to children between 2 - 9 years of age.

PLAYBALL is progressive: Children progress from an informal introduction to ball and motor skills, to more structured sports participation.

The younger groups (2-5 years) focus more on motor development (muscle tone, dominance, bilateral symmetry and mid-line crossing) and motor skills (co-ordination, balance, timing, spatial orientation). The older groups (6-9 years) actually begin to play the following sports: tennis, hockey, cricket, soccer, volleyball, basketball, baseball and netball.

PLAYBALL consists of **5 stages** - each offering the relevant age group a programme focusing on its specific development level:

- 2 can do 2-3 years
- Watch me @ 3 3-4 years
- Dinkies 4-5 years
- Preps 5-6 years
- Players 6-7 years
- Sport Programme 7-9 years

PLAYBALL: the first programme to recognise and actively incorporate the development of *life skills through sport skills*.

PLAYBALL is educationally based
Positive coaching methods are used to develop life skills like independence, self-confidence, courage, discipline, concentration, and listening skills, good sportsmanship, responsibility and social interaction.

PLAYBALL is outcomes - based
Each stage includes defined age-specific objectives which are realised within the course of the year.

PLAYBALL:

THE SPORT PROGRAMME WHICH OFFERS MORE!

PLAYBALL is professional
A research and development team has refined the programme over a period of 20 years and are continually upgrading the content of all stages presented.

PLAYBALL is specialised
Coaches are trained every 12 weeks and use specialised coaching methods as well as specially designed sporting equipment.

PLAYBALL sets high standards
Members receive regular progress reports and a certificate at the completion of each stage. Parents receive a termly Parent Education letter, keeping them informed of Playball methods as well as general development issues.

PLAYBALL is result orientated.
A maximum of 8 children per class ensures adequate individual attention and an excellent learning environment.

PLAYBALL is international
Franchises operating in Canada, Australia, New Zealand, England and USA proves its world wide success.

PLAYBALL:

A PRIORITY

Gross Motor Development provides the basis of all other forms of development - including intellectual and perceptual development. It has been scientifically proven that physical activity has a profound influence on **academic performance**. If certain development milestones have not been achieved by school going age, children will find it difficult to cope in the classroom.

In past generations, physical development was part of a natural process. Children spent free time playing, maximising movement and development. Our modern **sedentary lifestyle** (watching television, spending time in front of the computer) is not doing our children any favours. Using sport as the means, **PLAYBALL** provides children with an opportunity to develop every aspect of their lives.

PLAYBALL:

WHERE TO GO FROM HERE?

If you want to give your child the best gift imaginable i.e. the opportunity to develop life and sport skills, complete the enrolment form on the reverse side.